



FAMILY TRAVEL & NORWAY

Family Travel and Norway - Gluten Free

Again, here is a destination that might not be at the top of your wish list but it should be. Norway has an abundance of great experiences for children of all ages - fun attractions, zoos, amusement parks, outdoor museums, and activity **parks designed for families**. Most theme parks are open during summer and have additional opening hours for autumn and winter, while others are open all year long. So this can be a winter holiday adventure, as well as a summer vacation. And with the food being farm to table, fresh and clean, **Gluten Free Travel - Us** has always had great success in finding restaurants, markets and bakeries with tons of Gluten Free options.



As for where to stay, here you can choose from a number of great experiences for a family - Treetop cabins, among the squirrels and twittering birds? Or maybe a lighthouse overlooking the waves? **Gluten Free Travel - Us** can even book you into amazing glamping options:-- a yurt, glass igloo, a Lavvo (Sami tent), or a cocoon. If your adventure does not extend to where you sleep, we can simply book a wonderful hotel. With our special Scandinavian partners, **Gluten Free Travel - Us** can secure any number of amazing accommodations.

Keep in mind, there are a number of cities and towns in Norway where you will find local interest as well as child centric activities – cities of Oslo, Bergen, Tromso; areas known as Fjord Norway, Northern Norway (Arctic Adventures), Southern Norway (the summer paradise) and the list goes on. Contact **Gluten Free Travel - Us** for more details.

And what to do.....

On two wheels Most children also love cycling, especially if you take them to one of Norway's many mountain bike parks., cycling along national cycling routes- in the mountains or into one of Norway's forests.



Go wild what is a better combination than children and animals? Norway's zoos, mountain farms and wildlife parks where you can get close to bears, wolves, elks and much more.



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Explore the mountains Simply going for a walk together can be a magical experience. In Norway, there are great hiking destinations in every part of the country. Climb to the top of a tall mountain, venture into a forest, walk trails near a city as well as urban exploring within the cities. For the youngest, even a short trip to a forest lake can be a big adventure.

When the seasons change, bring out your skis! The mountains are just as beautiful when they're dressed in their winter coat. Go cross-country skiing through valleys and forests or carve down the slopes at one of Norway's family-friendly ski destinations. Gluten Free Travel - US can make sure there are lessons and equipment for everyone.



Fun in the countryside Many Norwegian farms have opened their doors for visits and overnight stays. Browse the farm shops for top quality local products while the children play outdoors and pet the farm animals. The youngest may even get the chance to ride a real tractor.



Discover a new world When it's raining outside, have fun inside! In Norway, you'll find **lots of exciting museums, science centers and even a Viking planet**. Some of the largest museums also have exhibitions for the youngest children, too. Travel back in time, be a Viking for a day, or learn about nature's mysteries, both big and small.

Natural adventures Norway's nature is not just beautiful, it's also a fantastic playground with great experiences for everyone. Have us reserve a guided glacier walk and explore ice towers, ice tunnels and deep fissures. Get your adrenaline pumping on a via ferrata or get close to nature with dog sledding trip or horse riding.

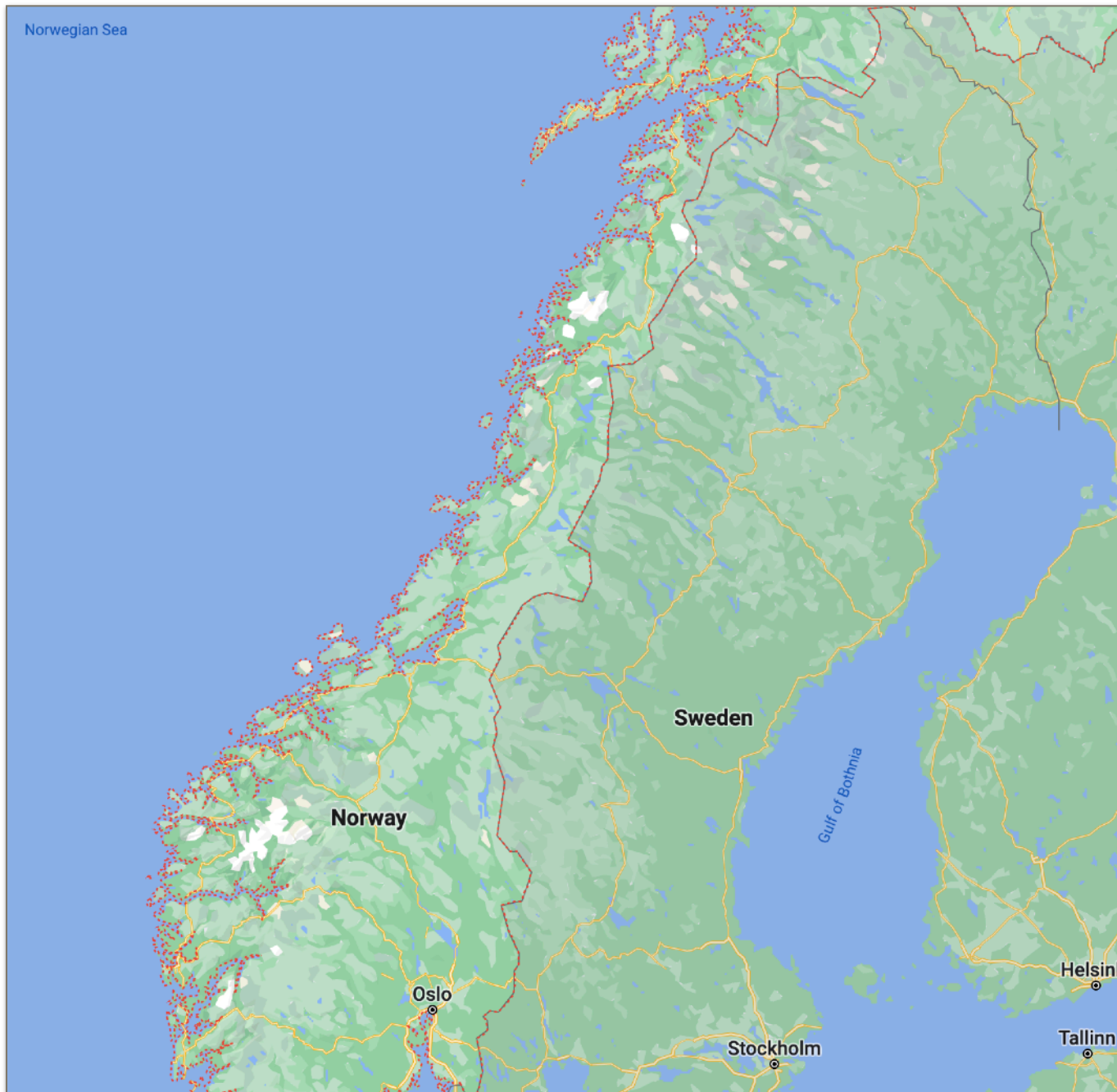
Water sports With the world's second-longest coastline, 239,057 islands, and thousands of lakes, Norway is the perfect place for water paddling, kayaking or canoeing. If you want to catch bigger waves, you can go surfing. In many rivers, you will also find family-friendly rafting options. There are no water sports that cannot be found here.

With so much to offer, Norway is a wonderland for families. Please contact Gluten Free Travel - Us via email or phone for more information.



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